






























CLUB INCLUSION



Drop In Activities October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Community Health Ambassadors (CHA) activities will be taking place on Thursdays during Drop In		Afternoon Drop In 3pm to 6pm Cup Relay Races Theatre Club Building Towers of Cards 	Afternoon Drop In 3pm to 6pm Music with Pat Member's Council Understanding Mental Health & Wellness (CHA) 	Evening Drop In 7pm to 9pm Circle Sharing Music Therapy 	Afternoon Drop In 1pm to 4pm Jays Baseball Club <i>The group will meet at Club Halifax, and walk together to Flinn Park</i> 
Afternoon Drop In 3pm to 6pm Basketball Shootout Walk & Roll Club Art activities inspired by Women's History Month 	Afternoon Drop In 3pm to 5pm Lego Towers Challenge  Evening Drop In 7pm to 9pm Musical Trivia & Bingo 	Afternoon Drop In 3pm to 6pm FALL POP UP SHOP Music with Pat Theatre Club Ladder Golf 	Afternoon Drop In 3pm to 6pm Thanksgiving Crafts Member's Council Mental Health & Wellness Session Planning (CHA) 	Evening Drop In 7pm to 9pm Circle Sharing Music Therapy 	PROGRAMS CLOSED Thanksgiving weekend 
PROGRAMS CLOSED Thanksgiving Monday 	Afternoon Drop In 3pm to 5pm Gaga Ball & Bowling  Evening Drop In 7pm to 9pm Paint Night 	Afternoon Drop In 3pm to 6pm Acrostic Poems Theatre Club Horoscopes & Zodiac Signs 	Afternoon Drop In 3pm to 6pm Music with Pat Member's Council Mental Health & Wellness Workshop (CHA) 	Evening Drop In 7pm to 9pm Jayda's Sweet 16 Karaoke Dance Party Everyone is welcome! 	Afternoon Drop In 1pm to 4pm Jays Baseball Club Learning about the MLB World Series Making our own baseball cards 
Afternoon Drop In 3pm to 6pm Zumba with Rafi Walk & Roll Club Outing to Tim Hortons Name that Instrument 	Afternoon Drop In 3pm to 5pm Fall Leaves Coffee Filter Art Evening Drop In 7pm to 9pm Halloween Party Games 	Afternoon Drop In 3pm to 6pm Music with Pat Theatre Club Nerf Gun Games 	Afternoon Drop In 3pm to 6pm Roll 20 Dice Game Member's Council Wellness Fair Planning (CHA) 	Evening Drop In 7pm to 9pm Circle Sharing Music Therapy 	Afternoon Drop In 1pm to 4pm Jays Baseball Club <i>The group will meet at Club Halifax, and walk together to Flinn Park</i> 
Afternoon Drop In 3pm to 6pm Pictionary Walk & Roll Club Making decorations for the Halloween Dance 	Afternoon Drop In 3pm to 5pm Halloween Trivia Evening Drop In 7pm to 9pm Halloween Movie Night 	Afternoon Drop In 3pm to 6pm SOUP CLUB \$6 Spooky Temporary Tattoos Theatre Club Halloween Madlibs 	Afternoon Drop In 3pm to 6pm Music with Pat Member's Council Carving pumpkins for the Halloween Dance 	Special Event 7pm to 9pm Halloween Dance & Haunted House \$10 Admission 50/50 Raffle 	

Club Inclusion

Facebook: The Club Inclusion
 Instagram: @clubinclusion

A program of Prescott Group
<https://prescottgroup.ca/>

Fees & Memberships:

Pay As You Go: \$15/session
 Monthly Membership: \$100/month



How to get involved:

To join our Drop In program as a new member, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities: LinneaSinclair@PrescottGroup.ca

To join as a volunteer, please visit our website to fill out the application:
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:

Drop In is located at Club Halifax, 2652 Joseph Howe Drive.
 Fully accessible. Adult change table. Quiet space.

Thank you: Supported by St James Anglican Church, the United Way of Halifax Region, and generous donors in the community.



CLUB INCLUSION



Programs October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Day Program 1 Halifax 9am to 2:30pm	Day Program 2 Halifax 9am to 2:30pm	Day Program 3 Halifax 9am to 2:30pm Pottery Club: <i>Keep Creating</i> Halifax 2:45pm to 5pm	Community Meet Up 4 Boardwalk Adventure 5pm to 7:30pm Registration Required
Inclusive Choir 5 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 6 Halifax 9am to 2:30pm	Day Program 7 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 8 Halifax 9am to 2:30pm	Day Program 9 Halifax 9am to 2:30pm	Day Program 10 Halifax 9am to 2:30pm Pottery Club: <i>Keep Creating</i> Halifax 2:45pm to 5pm	PROGRAMS CLOSED 11 Thanksgiving weekend
PROGRAMS CLOSED 12 Thanksgiving weekend	PROGRAMS CLOSED 13 Thanksgiving Monday	Day Program 14 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 15 Halifax 9am to 2:30pm	Day Program 16 Halifax 9am to 2:30pm	Day Program 17 Halifax 9am to 2:30pm	Lunch Club 18 Halifax 9am to 12:30pm Registration Required
Inclusive Choir 19 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 20 Halifax 9am to 2:30pm	Day Program 21 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 22 Halifax 9am to 2:30pm	Day Program 23 Halifax 9am to 2:30pm	Day Program 24 Halifax 9am to 2:30pm	Supper Club 25 Halifax 4pm to 8pm Registration Required
Inclusive Choir 26 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 27 Halifax 9am to 2:30pm	Day Program 28 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 29 Halifax 9am to 2:30pm	Day Program 30 Halifax 9am to 2:30pm	Day Program 31 Halifax 9am to 2:30pm	

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How to get involved:

For more information about Inclusive Choir, Community Meet Ups, Pottery, Lunch Club, and Supper Club, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities:
LinneaSinclair@PrescottGroup.ca

For more information about our Daytime Programs & Activities, please reach out to Jackie Rivers, Director of Programs & Services: JackieRivers@PrescottGroup.ca

Volunteer:

To join as a volunteer, please visit our website to fill out the application:
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:

Club Halifax: 2652 Joseph Howe Drive
Club Dartmouth: Grace United Church, 70 King St
Fully accessible. Adult change table. Quiet space.

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