

CLUB INCLUSION



Drop In Activities November 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Community Health Ambassadors (CHA) activities will be taking place on Thursdays during Drop In</i></p>					<p>Afternoon Drop In 1pm to 4pm 1</p> <p>Jays Baseball Club</p> <p>End of Season Celebration!</p> <p>Taking Team & Athlete Photos </p>
<p>Afternoon Drop In 3pm to 6pm 3</p> <p>20 Questions</p> <p>Walk & Roll Club</p> <p>"Fall into Warmer Clothes"</p> <p>Dressing for Fall Fashion Show </p>	<p>Afternoon Drop In 3pm to 5pm 4</p> <p>Remembrance Day Cards </p> <p>Evening Drop In 7pm to 9pm</p> <p>Karaoke</p> <p>Cup Challenges </p>	<p>Afternoon Drop In 3pm to 6pm 5</p> <p>Colour Scavenger Hunt</p> <p>Theatre Club</p> <p>UNO Card Game </p>	<p>Afternoon Drop In 3pm to 6pm 6</p> <p>Music with Averi</p> <p>Member's Council</p> <p>Planning our Wellness Fair & Topics Selection (CHA) </p>	<p>Evening Drop In 7pm to 9pm 7</p> <p>Circle Sharing</p> <p>Music Therapy </p>	<p>Afternoon Drop In 1pm to 4pm 8</p> <p>Crossword Puzzles</p> <p>Pickleball & Ping Pong</p> <p>Musical Bingo </p>
<p>Afternoon Drop In 3pm to 6pm 10</p> <p>Tessellation Art</p> <p>Rainy Day Movie</p> <p>Crafts & Collages</p>	<p>PROGRAMS CLOSED 11</p> <p>Remembrance Day </p>	<p>Afternoon Drop In 3pm to 6pm 12</p> <p>SOUP CLUB \$6</p> <p>Theatre Club</p> <p>Horoscopes & Zodiac Signs </p>	<p>Afternoon Drop In 3pm to 6pm 13</p> <p>Charades</p> <p>Member's Council</p> <p>Preparing for our Wellness Fair </p>	<p>Evening Drop In 7pm to 9pm 14</p> <p>Circle Sharing</p> <p>Music Therapy </p>	<p>DROP IN CLOSED 15</p> <p>Community Meet Up:</p> <p>Brian Hennen Inclusive</p> <p>Community Lecture</p> <p>Registration required</p>
<p>Afternoon Drop In 3pm to 6pm 17</p> <p>Whiteboard Wordle</p> <p>Walk & Roll Club</p> <p>Outing to Tim Hortons</p> <p>Cups or Downs Game </p>	<p>Afternoon Drop In 3pm to 5pm 18</p> <p>Puzzles & Pictionary!</p> <p>Evening Drop In 7pm to 9pm</p> <p>Paint Night </p>	<p>Afternoon Drop In 3pm to 6pm 19</p> <p>Sprint Tag Game</p> <p>Theatre Club</p> <p>Paper Plane Races </p>	<p>Afternoon Drop In 3pm to 6pm 20</p> <p>Music with Pat & Averi</p> <p>Community Health Ambassadors</p> <p>Wellness Fair </p>	<p>Evening Drop In 7pm to 9pm 21</p> <p>Circle Sharing</p> <p>Music Therapy </p>	<p>Afternoon Drop In 1pm to 4pm 22</p> <p>Card Games</p> <p>Freeze Dance</p> <p>The Floor is Lava Challenge </p>
<p>Afternoon Drop In 3pm to 6pm 24</p> <p>Zumba with Rafi</p> <p>Walk & Roll Club</p> <p>Sanrio Style Crayon-traced Art </p>	<p>Afternoon Drop In 3pm to 5pm 25</p> <p>Play-Doh Creations</p> <p>Evening Drop In 7pm to 9pm</p> <p>Date Night</p> <p>Icebreaker Games </p>	<p>Afternoon Drop In 3pm to 6pm 26</p> <p>POP UP SHOP</p> <p>Music with Pat</p> <p>Theatre Club</p> <p>Bottle Flip Challenge </p>	<p>Afternoon Drop In 3pm to 6pm 27</p> <p>Fall-themed Meditation & Mindfulness</p> <p>Member's Council</p> <p>Wellness Fair Reflection </p>	<p>Evening Drop In 7pm to 9pm 28</p> <p>Circle Sharing</p> <p>Music Therapy </p>	<p>Afternoon Drop In 1pm to 4pm 29</p> <p>American Thanksgiving!</p> <p>Watching NFL Football</p> <p>Making Thanksgiving Snacks</p> <p>Thanksgiving Family Feud</p> <p>TRIVIA </p>

Club Inclusion

Facebook: The Club Inclusion
Instagram: @clubinclusion

A program of Prescott Group
<https://prescottgroup.ca/>

Fees & Memberships:

Pay As You Go: \$15/session
Monthly Membership: \$100/month



How to get involved:

To join our Drop In program as a new member, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities: LinneaSinclair@PrescottGroup.ca

To join as a volunteer, please visit our website to fill out the application:
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:

Drop In is located at Club Halifax, 2652 Joseph Howe Drive.
Fully accessible. Adult change table. Quiet space.


Thank you: Supported by St James Anglican Church, the United Way of Halifax Region, and generous donors in the community.



CLUB INCLUSION



Programs November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Community Meet Up 1 Dance Like A Showgirl <i>Registration required</i>
Inclusive Choir 2 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 3 Halifax 9am to 2:30pm	Day Program 4 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 5 Halifax 9am to 2:30pm	Day Program 6 Halifax 9am to 2:30pm	Day Program 7 Halifax 9am to 2:30pm Pottery Club: Trinket Dish Workshop Halifax 3pm to 5pm	Supper Club 8 Halifax 4pm to 8pm <i>Registration required</i>
Inclusive Choir 9 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 10 Halifax 9am to 2:30pm	PROGRAMS CLOSED 11 Remembrance Day 	Day Program 12 Halifax 9am to 2:30pm	Day Program 13 Halifax 9am to 2:30pm	Day Program 14 Halifax 9am to 2:30pm	Lunch Club 15 Halifax 9am to 12:30pm <i>Registration required</i> Community Meet Up Brian Hennen Inclusive Community Lecture <i>Registration required</i>
Inclusive Choir 16 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 17 Halifax 9am to 2:30pm	Day Program 18 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 19 Halifax 9am to 2:30pm	Day Program 20 Halifax 9am to 2:30pm	Day Program 21 Halifax 9am to 2:30pm Pottery Club: Halifax 2:45pm to 5pm	Supper Club 22 Halifax 4pm to 8pm <i>Registration required</i>
Inclusive Choir 23 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 24 Halifax 9am to 2:30pm	Day Program 25 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 26 Halifax 9am to 2:30pm	Day Program 27 Halifax 9am to 2:30pm	Day Program 28 Halifax 9am to 2:30pm Pottery Club: Halifax 2:45pm to 5pm	29
Inclusive Choir 30 Grace United Church Club Dartmouth 2pm to 3pm						

Club Inclusion

Facebook: The Club Inclusion
 Instagram: @clubinclusion
 A program of Prescott Group
<https://prescottgroup.ca/>



How to get involved:

For more information about Inclusive Choir, Community Meet Ups, Pottery, Lunch Club, and Supper Club, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities:
LinneaSinclair@PrescottGroup.ca

For more information about our Daytime Programs & Activities, please reach out to Jackie Rivers, Director of Programs & Services: JackieRivers@PrescottGroup.ca

Volunteer:

To join as a volunteer, please visit our website to fill out the application:
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:

Club Halifax: 2652 Joseph Howe Drive
 Club Dartmouth: Grace United Church, 70 King St
 Fully accessible. Adult change table. Quiet space.

Thank you: Supported by St James Anglican Church, the United Way of Halifax Region, and generous donors in the community.