



## CLUB INCLUSION



# Drop In Activities November 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<i>Community Health Ambassadors (CHA) activities will be taking place on Thursdays during Drop In</i>					Afternoon Drop In 1pm to 4pm <b>Jays Baseball Club</b> End of Season Celebration! Taking Team & Athlete Photos	
Afternoon Drop In 3pm to 6pm 20 Questions Walk & Roll Club "Fall into Warmer Clothes" Dressing for Fall Fashion Show	3 Afternoon Drop In 3pm to 5pm Remembrance Day Cards	4 Evening Drop In 7pm to 9pm Karaoke Cup Challenges	5 Afternoon Drop In 3pm to 6pm Colour Scavenger Hunt Theatre Club UNO Card Game	6 Afternoon Drop In 3pm to 6pm Music with Averi Member's Council Planning our Wellness Fair & Topics Selection (CHA)	7 Evening Drop In 7pm to 9pm Circle Sharing Music Therapy	8 Afternoon Drop In 1pm to 4pm Crossword Puzzles Pickleball & Ping Pong Musical Bingo
Afternoon Drop In 3pm to 6pm Tessellation Art Rainy Day Movie Crafts & Collages	10 <b>PROGRAMS CLOSED</b> Remembrance Day	11	12 Afternoon Drop In 3pm to 6pm <b>SOUP CLUB \$6</b> Theatre Club Horoscopes & Zodiac Signs	13 Afternoon Drop In 3pm to 6pm Charades Member's Council Preparing for our Wellness Fair	14 Evening Drop In 7pm to 9pm Circle Sharing Music Therapy	15 <b>DROP IN CLOSED</b> Community Meet Up: Brian Hennen Inclusive Community Lecture Registration required
Afternoon Drop In 3pm to 6pm Whiteboard Wordle <b>Walk &amp; Roll Club</b> <b>Outing to Tim Hortons</b> Cups or Downs Game	17 Afternoon Drop In 3pm to 5pm Puzzles & Pictionary!	18 Evening Drop In 7pm to 9pm Paint Night	19 Afternoon Drop In 3pm to 6pm Sprint Tag Game Theatre Club Paper Plane Races	20 Afternoon Drop In 3pm to 6pm Music with Pat & Averi <b>Community Health Ambassadors</b> <b>Wellness Fair</b>	21 Evening Drop In 7pm to 9pm Circle Sharing Music Therapy	22 Afternoon Drop In 1pm to 4pm Card Games Freeze Dance The Floor is Lava Challenge
Afternoon Drop In 3pm to 6pm Zumba with Rafi Walk & Roll Club Sanrio Style Crayon-traced Art	24 Afternoon Drop In 3pm to 5pm Play-Doh Creations	25 Evening Drop In 7pm to 9pm Date Night Icebreaker Games	26 Afternoon Drop In 3pm to 6pm <b>POP UP SHOP</b> Music with Pat Theatre Club Bottle Flip Challenge	27 Afternoon Drop In 3pm to 6pm Fall-themed Meditation & Mindfulness Member's Council Wellness Fair Reflection	28 Evening Drop In 7pm to 9pm Circle Sharing Music Therapy	29 Afternoon Drop In 1pm to 4pm American Thanksgiving! Watching NFL Football Making Thanksgiving Snacks Thanksgiving Family Feud

### Club Inclusion

Facebook: The Club Inclusion

Instagram: @clubinclusion

A program of Prescott Group

<https://prescottgroup.ca/>

### Fees & Memberships:

Pay As You Go: \$15/session

Monthly Membership: \$100/month



### How to get involved:

To join our Drop In program as a new member, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities: [LinneaSinclair@PrescottGroup.ca](mailto:LinneaSinclair@PrescottGroup.ca)

To join as a volunteer, please visit our website to fill out the application: <https://prescottgroup.ca/about-us/join-our-team/#volunteer>

### Where to find us:

Drop In is located at Club Halifax, 2652 Joseph Howe Drive. Fully accessible. Adult change table. Quiet space.

**Thank you:** Supported by St James Anglican Church, the United Way of Halifax Region, and generous donors in the community.



## CLUB INCLUSION



# Programs November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Community Meet Up 1 Dance Like A Showgirl <i>Registration required</i>
Inclusive Choir 2 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 3 Halifax 9am to 2:30pm	Day Program 4 Dartmouth 9am to 2:30pm  Music & Movement Halifax 1pm to 3pm	Day Program 5 Halifax 9am to 2:30pm	Day Program 6 Halifax 9am to 2:30pm	Day Program 7 Halifax 9am to 2:30pm  Pottery Club: Trinket Dish Workshop Halifax 3pm to 5pm	Supper Club 8 Halifax 4pm to 8pm <i>Registration required</i>
Inclusive Choir 9 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 10 Halifax 9am to 2:30pm	<b>PROGRAMS CLOSED 11</b> Remembrance Day  	Day Program 12 Halifax 9am to 2:30pm	Day Program 13 Halifax 9am to 2:30pm	Day Program 14 Halifax 9am to 2:30pm	Lunch Club 15 Halifax 9am to 12:30pm <i>Registration required</i>  Community Meet Up Brian Hennen Inclusive Community Lecture <i>Registration required</i>
Inclusive Choir 16 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 17 Halifax 9am to 2:30pm	Day Program 18 Dartmouth 9am to 2:30pm  Music & Movement Halifax 1pm to 3pm	Day Program 19 Halifax 9am to 2:30pm	Day Program 20 Halifax 9am to 2:30pm	Day Program 21 Halifax 9am to 2:30pm  Pottery Club: Halifax 2:45pm to 5pm	Supper Club 22 Halifax 4pm to 8pm <i>Registration required</i>
Inclusive Choir 23 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 24 Halifax 9am to 2:30pm	Day Program 25 Dartmouth 9am to 2:30pm  Music & Movement Halifax 1pm to 3pm	Day Program 26 Halifax 9am to 2:30pm	Day Program 27 Halifax 9am to 2:30pm	Day Program 28 Halifax 9am to 2:30pm  Pottery Club: Halifax 2:45pm to 5pm	29
Inclusive Choir 30 Grace United Church Club Dartmouth 2pm to 3pm						

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### How to get involved:

For more information about Inclusive Choir, Community Meet Ups, Pottery, Lunch Club, and Supper Club, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities:

[LinneaSinclair@PrescottGroup.ca](mailto:LinneaSinclair@PrescottGroup.ca)

For more information about our Daytime Programs & Activities, please reach out to Jackie Rivers, Director of Programs & Services: [JackieRivers@PrescottGroup.ca](mailto:JackieRivers@PrescottGroup.ca)

### Volunteer:

To join as a volunteer, please visit our website to fill out the application:  
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

### Where to find us:

Club Halifax: 2652 Joseph Howe Drive  
Club Dartmouth: Grace United Church, 70 King St  
Fully accessible. Adult change table. Quiet space.

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